

## Sailing certificates

*Criteria for sailing certificates*

*(PARTS OF BOAT,rudder,tiller,centreboard,mast ,boom ,mainsheet, tiller extension,outhall,downhall,bow,stern,toe straps, mast step,bung,luff and leach*

### **LEVEL 1.**

- 1.Know the names of these parts of boat. Mainsheet, rudder, tiller centreboard.
- 2.Crew in an official race. 3. Identify which way wind is coming from.
- 4.How to wash down boat effectively. 5. Know the distress signal

### **LEVEL 2**

Name 6 parts of boat. Know Which way to point boat when rigging  
Know port and starboard and there colours. Helm boat on own demonstrating how to go about.  
Round a mark and come back

### **LEVEL 3**

How to land on the beach (i.e. centre board up turn boat into wind dismount and hold front  
How to rig and de-rig boat. Capsize a right the boat. Name 8 parts of boat.  
Understand the terms, reaching, running, beating. Complete an official race helming

### **LEVEL 4**

1. Name 10 parts of boat. 2. Understand how to Sail into wind effectively and demonstrate
3. Difference between jibe and going about demonstrate. 4. Complete an official line start race
5. Understand how to set the sail for run, reach, beat. 6. Know the start procedure

### **LEVEL 5**

1. Use toe straps to lean out 2. Understand the starboard tack and who has the right of way.
3. What penalties for a collision your fault 4. What penalties for hitting a mark
5. What Penalties for being over the line at the start 6. Understand water at the mark
7. Understand how to set outhaul and downhaul to wind conditions